

# **TRS Pinch Hitter and Pinch Hitter HD**

## **Baseball and Softball TD**

### **Care**

Do not leave the Pinch Hitter laying out in direct sunlight for long periods of time, or in a gym/athletic bag in the trunk of your car where temperatures get up to 100 degrees F or more.

Wash or clean as needed with soap and water. Do not clean with chemicals.

### **Instructions/Usage**

Position the Pinch Hitter as illustrated in photo on back of this page. The slot should be on the bottom side of the bat handle with the bat down in front of the hitter. The Pinch Hitter is typically more difficult to snap onto the bat than it is to pry it off. To pry off simply push the bat handle out and away so that it pops out from the slot.

**The Pinch Hitter should be able to rotate on your prosthetic wrist... It should NOT BE LOCKED in a single position.**

Adjustable Friction Wrists. Adjust friction to allow Pinch Hitter to rotate when you swing the bat.

Disconnect Style Wrists. Put the wrist in the freewheel position OR use a compressible spacer washer or “O” ring (Included) under the disconnect adapter (compressed between the adapter and Pinch Hitter) so that the unit rotates when you swing the bat. If you use this technique lubricate the threads on the Pinch Hitter because the rotation that is occurring will bear on these threads.

**LOCKING THE PINCH HITTER** in a single position and then swinging the bat restricts your swing and places too much strain (torsion-shear) on the flexible portion of the Pinch Hitter.

### **Modification**

The Pinch Hitter is molded from a high strength polyurethane rubber. You can cut it, grind on it, sand it, etc. The slot can be widened. The rough textured surfaces (on some models) can be sanded or ground smoother to your preference.

Once you have modified the Pinch Hitter, however, it is yours and it cannot be returned except if there is a failure due to material or manufacturing defect.



**Photo: Pinch Hitter HD.  
Right handed batter.. Right hand swing.. Left hand absence**