

TRS ARM SKINZ

Adult and Pediatric Silicone Arm Sleeve Cones

ARM SKINZ improve prosthetic surface appearance and increase friction and provide a softer tactile feel.

Use the Selection Chart to determine which sleeve will best fit the prosthesis. Skinz are elastic and will stretch at least 10-20% circumferentially when installed.

Extra long cone design allows SKINZ to fit a wider variety of prosthesis's circumferences and shapes.

Installation

Caution! These silicone arm SKINZ are made from materials designed to resist tearing but they are not tear proof or cut proof. Over stretching or overstressing or puncturing the SKINZ can cause material failures.

NOTE! Installation of the ARM SKINZ is similar to installing a silicone cosmetic glove... use the same approach and precautions. Please review the illustrations/photos.

1. Lay the prosthesis down upon the sleeve and compare their profiles to determine approximately what portion of the sleeve will be utilized to fit onto the prosthesis.

2. Cut off just the distal end (narrow end) of the sleeve if it is closed but do not remove any significant length from the narrow end. Both ends will be trimmed AFTER the SKINZ is properly installed.

NOTE! We recommend that fittings like the Sure-Lok, Cable housing base plates, etc be removed from the prosthesis before installation of the SKINZ. Hardware can be re-installed over the SKINZ after it is installed. SKINZ will cover over small hardware like a cable housing retainer base plates if you prefer but care must be taken in installing the SKINZ over these types of objects, fasteners, etc.

3. Back roll the SKINZ onto itself from the wide to narrow end exposing the inner more shiny surface. Lightly spray the appropriate surfaces of the SKINZ with Windex or alcohol to allow them to slide one upon another for easier installation.

4. Start the installation by inserting the narrow end of the SKINZ over the distal (narrow) end of the prosthesis so that as it unrolls onto the prosthesis towards the proximal end, the correct side of the SKINZ is exposed. Besides just rolling some pulling of the SKINZ will be required so that the SKINZ is stretching and firmly fitting onto the prosthesis surface. Try to unroll the SKINZ evenly so that no ripples or folds or slack material exist. Work the SKINZ with your fingers to smooth it out evenly towards to socket end. Trim the narrow end of the sleeve ONLY AS NECESSARY to get it up high enough onto the prosthesis. **NOTE:** As the SKINZ approaches the socket and unrolls over the socket it will not necessarily conform to the various socket trim lines... this is normal.

5. Review the entire surface of the SKINZ examining the contact of the SKINZ to the prosthetic shell to ensure it fits as smoothly as possible and is as snug and even as possible over the surface EXCEPT at the socket where there will be slack and excess.

6. Now use a pencil or pen to trace on the SKINZ around the proximal (socket) area to demark a trim line. This line should be on the SKINZ where it has solid contact to the surface of the prosthesis. Trim away the excess SKINZ with a NEW SHARP #11 X-ACTO® knife blade or similar along this line. Trim only what you need... more can always be removed later if necessary.

7. Mark a similar line on the SKINZ around the distal end of the prosthesis BUT LEAVE at least 1/8 of an inch extra length initially because the elasticity of the sleeve (under tension at this end) will cause it to shrink back once it is cut. Trim away the length a little at a time until the SKINZ fits around this end satisfactorily. Discard the excess.

8. Remove any ink trace marking with soap or solvent. The silicone SKINZ surface cleans easily. Re-install cable hardware over SKINZ. Use #11 XACTO® tool to carefully puncture and trim SKINZ where holes or penetrations are needed.

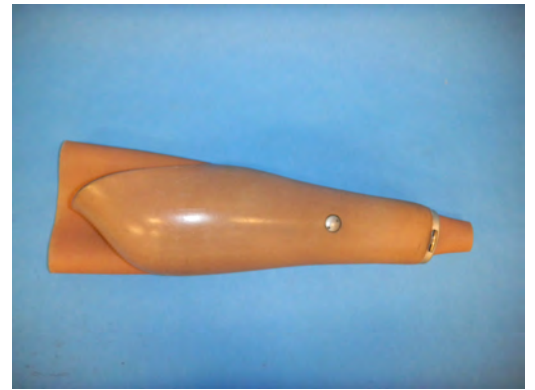
Care & Maintenance

Wash the surface of the SKINZ daily or more often as the hands are washed. The silicone surface does not easily hold dirt or stains and cleans easily. Use a powder or liquid mild abrasive cleanser for more stubborn dirt and stains, ink, etc.

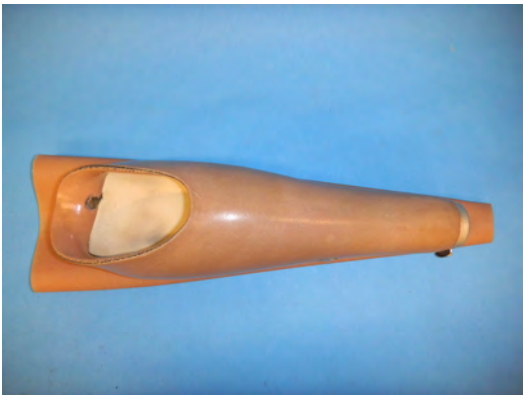
A prosthesis with an exposed SKINZ on the forearm is vulnerable to tearing and distortion from excessive weight or load or abrasion. Protect the SKINZ with a shirt sleeve or jacket sleeve if you are conducting activities that might cause this type of damage to the SKINZ. SKINZ are not designed to be exposed to rough, manual working or hobby environments where such abrasion and impact to the prosthesis may occur.



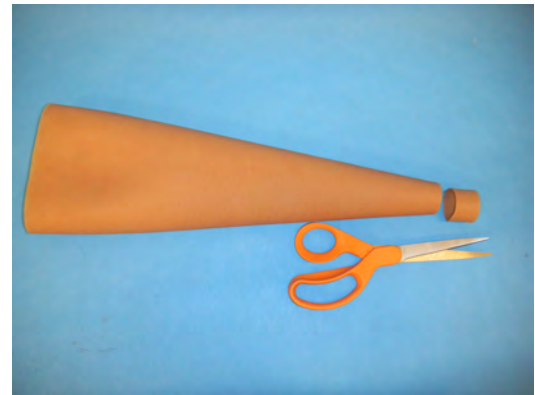
A



B



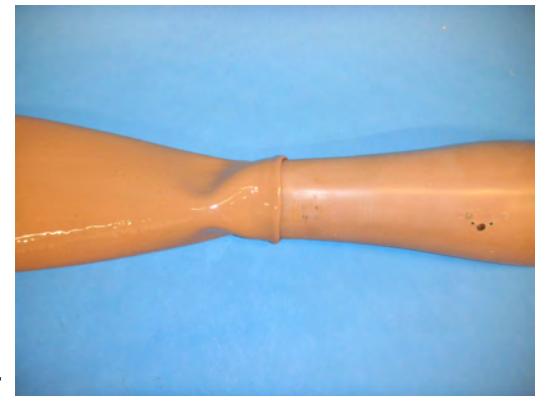
C



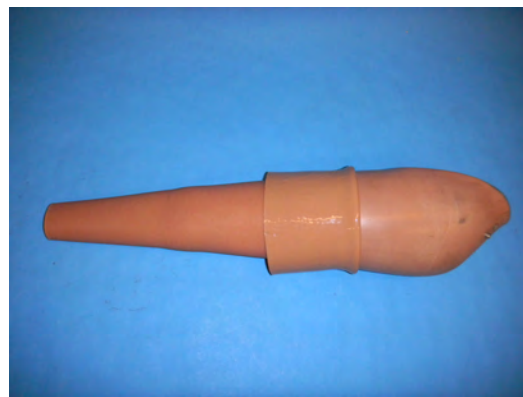
D



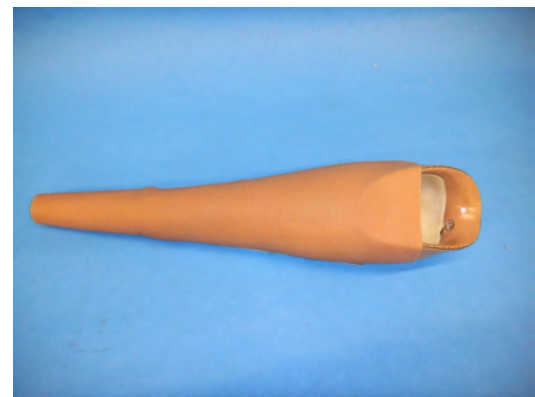
E



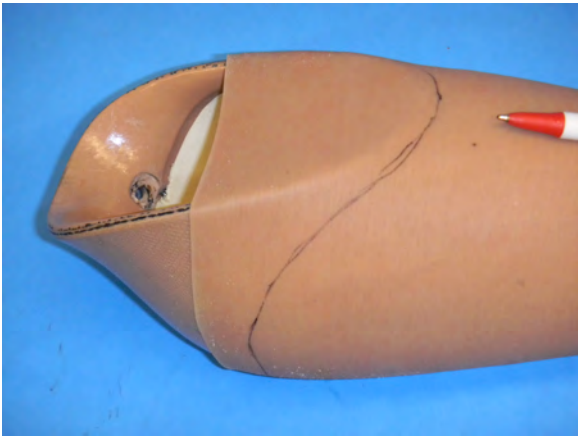
F



G



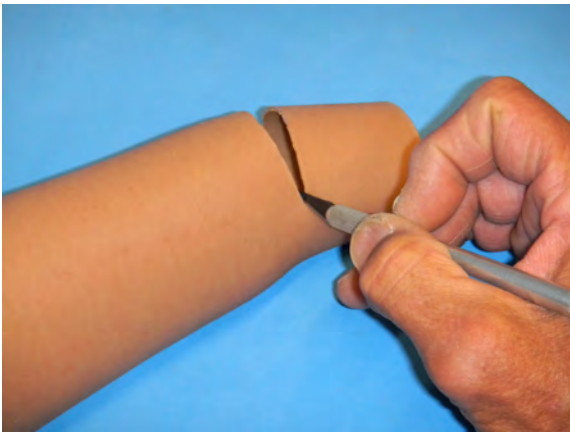
H



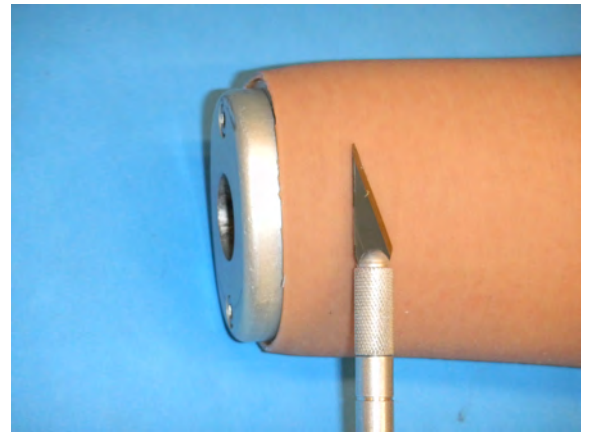
I



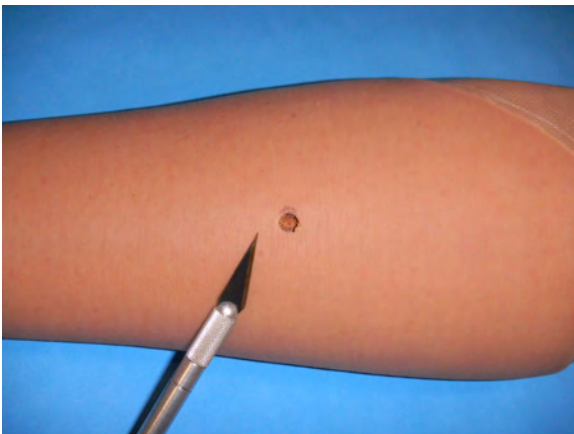
J



K



L



M



N

TRS ARM SKINZ

800.279.1865

www.oandp.com/trs

TRS ARM SKINZ Selection Chart

